

St Mary's RC Spring Summer Menu 2021 - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
8/3; 29/3; 3/5; 24/5; 21/6; 12/7					
Hot Main Choice	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped -Pizza Slice	Hot Chicken Sandwich with Potato Wedges Roast chicken served in a soft bun with lettuce and mayo	Roast Turkey with Roast Potatoes and Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Meatballs Pasta Bolognese ** A classic Italian beef Meatballs Bolognese in a yummy tomato sauce	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Vegetarian Choice	Packed Lunch Humous, Crudite Pitta Bread	Baked Macaroni (V) Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy (V) A chunky sweet potato and chickpea roast	Hotdog with Potato Wedges (V) Our favourite veggie hotdog served with ketchup in a soft sub roll	Quorn Nuggets and Chips (V) Crispy Quorn nuggets with their fave sauce – ketchup
Third Choice	Jacket Potato with Salmon Mayonnaise ***	Ham Sandwich Lunch with Crudité	Tomato Pasta ** A delicious fresh, homemade tomato sauce with penne pasta (V)	Cheese Sandwich Lunch with Crudité	Jacket Potato with Cheese & Beans
Vegetables	Mixed Salad & Sweetcorn	Peas, Mixed Salad Broccoli	Carrots Cabbage	Broccoli, Mixed Salad Sweetcorn	Baked Beans Peas
Desserts	Secret Brownie	Raspberry Ripple Ice Cream	Banana Oat Bite*	Summer Berry & Peach Oaty Crumble* with Custard	Apricot & Carrot Slice

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian



St Mary's RC Spring Summer Menu 2021 - Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
15/3; 19/4; 10/5; 7/6; 28/6; 19/7					
Hot Main Choice	Southern Fried Chicken Tasters Lightly seasoned crispy chicken strips and mash	Cottage Pie Beef mince with mash top	Roast Gammon with Roast Potatoes and Gravy Crispy roast pork with fluffy roasties and tasty gravy	Lasagne with a Garlic & Herb Bread Wedge ** A classic Italian layered pasta dish with beef mince	Golden Fish Fingers and wedges Ketchup Crispy Fish Fingers and Mash
Vegetarian Choice	Sausage and Mash with Gravy (V) Fluffy mash with veggie sausages and rich gravy	Baked Macaroni (V) Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Pastry Slice with Roast Potatoes and Gravy (V) Pumpkin and potatoes wrapped in flaky pastry	The Incredible Burger Served with Potato Wedges (V)	Quorn Nuggets and wedges (V) Crispy Quorn nuggets with their fave sauce – ketchup
Third Choice	Cheese Sandwich Lunch With Crudit�	Jacket Potato BBQ Beans	Tomato Pasta ** A delicious fresh, homemade tomato sauce with penne pasta (V)	Tuna Wrap Lunch with Crudit�	Jacket Potato with Cheese & Beans
Vegetables	Sweetcorn, Mixed Salad Broccoli and Cauliflower Medley	Broccoli Peas, Mixed Salad	Cabbage Carrots	Sweetcorn Broccoli, Mixed Salad	Peas Baked Beans
Desserts	Flapjack with Fruit Slices	Apple & Carrot Yoghurt Muffin *	Strawberry Ice Cream	Chocolate Cake	Orange Shortbread Biscuit with Fresh Cut Fruit Slices*

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian



St Mary's RC Spring Summer Menu 2021 – Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
1/3; 22/3; 26/4; 17/5; 14/6; 5/7; 26/7 ;					
Hot Main Choice	Chinese Veggie Noodles (V) Fragrant egg noodles with stir fried vegetables	Pork Sausage and Mash with Gravy Traditional Pork Sausage and Mash with rich Gravy	Roast Chicken with Roast Potatoes and Gravy Moist roast turkey with fluffy roasties and tasty gravy	Pasta Bolognese ** A classic Italian beef Bolognese in a yummy tomato and beef sauce	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Vegetarian Choice	Vegetable Lasagne With home made garlic herby bread (V)	Quorn Bolognese **(V) Penne pasta in a yummy tomato and Quorn sauce	Quorn roast and roast potatoes and gravy	Hotdog with Potato Wedges (V) Our favourite veggie hotdog served with ketchup in a soft sub roll	Beany Burger with Chips (V) A delicious homemade beany burger
Third Choice	Jacket Potato With Tuna	Cheese Sandwich Lunch with Crudit�	Tomato Pasta ** A delicious fresh, homemade tomato sauce with penne pasta (V)	Ham & Cheese wrap Crudit�	Jacket Potato with Cheese & Beans
Vegetables	Sweetcorn, Mixed Salad Broccoli	Peas, Mixed Salad Carrots	Carrots Cabbage	Sweetcorn, Mixed Salad Broccoli	Baked Beans Peas
Desserts	Raspberry Yoghurt Cake	Peach Shortbread Pudding * with Custard	Flapjack with Fruit Slices *	Chocolate Apricot Brownie	Vanilla Ice Cream

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian

